



Solu-Cortef[®]

(hydrocortisone sodium succinate)

Emergency Injection Video
For patients and carers of people
prescribed Solu-Cortef[®]

Text **Solu Cortef** to
0448 267 833

to receive a step-by-step video link
sent directly to your phone* showing
How to administer a Solu-Cortef[®] injection

PBS Information: This product is listed on the
PBS as a corticosteroid for systemic use.
Restricted benefit for use in a hospital.

Please review Product Information before prescribing.
The Product Information can be accessed at:
<http://secure.healthlinks.net.au/content/pf/retriever.cfm?product=pfpsoluv11213>

*Standard SMS and network charges apply

For further information, call Pfizer Medical Information on 1800 675 229.

Personal information is collected, used and stored in accordance with Pfizer
Australia's privacy policy available at www.pfizer.com.au

Pfizer Australia Pty Ltd. Sydney, Australia.

PP-SLC-AUS-0014 Date Prepared: April 2022. Z22_1244





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Tip: To aid recall, save
0448 267 833 as a contact
in your phone and save
the passcode **Solu Cortef**
in the Notes section.

Please contact your healthcare team if you have any questions regarding your treatment with Solu-Cortef.®

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Note:
Patients should follow the instructions of their medical practitioner about using this emergency treatment. For further information please refer to the patient's emergency letter provided by your hospital or contact your specialist doctor.

Please also review the Solu-Cortef® ACT-O-VIAL® Consumer Medicine Information available at www.pfizer.com.au

Emergency Contacts

In an emergency dial 000

Guardian 1
Guardian 2
Endocrinologist
Paediatrician
General Practitioner



Pfizer Australia Pty Ltd
ABN 50 008 422 348
Sydney, Australia.
PP-SLC-AUS-0002, Oct 2018.



Emergency Solu-Cortef® (hydrocortisone) Injection Kit

When to Give

Patients with adrenal insufficiency are at risk of an adrenal crisis when unwell.

Please use your Emergency Kit containing Solu-Cortef® (hydrocortisone) Injection as directed by your specialist doctor. Specific instructions are found in the patient's emergency letter provided by your hospital.

Parents and carers should familiarise themselves with how and when to use the Emergency Solu-Cortef® (hydrocortisone) Injection Kit in an emergency situation.



This instructional material has been developed by Irene Mitchelhill, Clinical Nurse Consultant in Paediatric Endocrinology at Sydney Children's Hospital and is supported by Pfizer Australia.

Your **Emergency Solu-Cortef®** (hydrocortisone) **Injection Kit**



Your Emergency Injection Kit needs to contain:

- 1 x 2 mL Solu-Cortef™ ACT-O-VIAL®
- 2 x Alcohol Swabs
- 1 x 3 mL Single Use Syringe
- 1 x Vial Access Cannula or Drawing Up Needle
- 1 x Injection Needle
- 1 x Cotton Swab

Preparation:

- Wash your hands thoroughly before preparing the injection.
- Check the label to ensure you have Solu-Cortef™.
- Check the expiry date on the ACT-O-VIAL®.

STEP 1



STEP 2



- Tap to ensure that powder is at base of vial and away from the central stopper.
- Put the ACT-O-VIAL® on a hard surface.
- Place the palm of your hand on the lid of the ACT-O-VIAL®.
- Press down firmly on the lid to force the liquid into the bottom chamber.

STEP 3



- Gently mix the solution without shaking it.
- Rotate the ACT-O-VIAL® turning it upside down a number of times.
- **DO NOT SHAKE.**
- The solution is initially cloudy but will become clear.

STEP 5



- Wipe the top of the ACT-O-VIAL® with an alcohol swab.

STEP 4



- Remove the plastic tab that covers the rubber stopper with your thumbnail.

STEP 6



- Connect the 3 mL syringe and the vial access cannula or drawing-up needle firmly together.

STEP 7



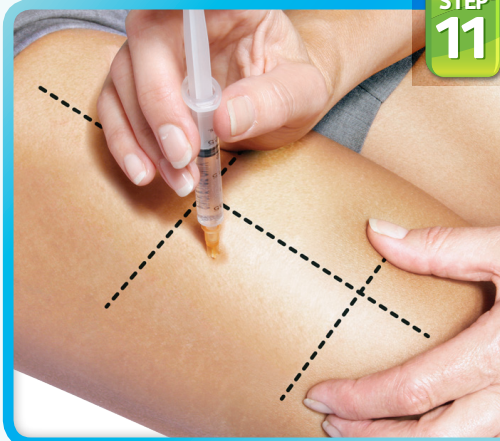
- Place the ACT-O-VIAL® on a firm surface, and insert the access cannula or drawing-up needle through the centre of the rubber stopper.

STEP 9



- Withdraw the syringe from the ACT-O-VIAL®.
- Remove the access cannula or drawing up needle and replace it with the injection needle. Use the needle size recommended by your clinic nurse.
- Flick the syringe to remove any bubbles.
- Expel any excess air.

STEP 11



- Holding the syringe firmly, give the injection by quickly inserting the needle fully through the skin surface into the muscle layer.
- Push the plunger until the dose is fully injected. This will only take around 10 seconds.

STEP 8



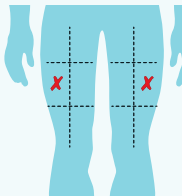
- With the access cannula or drawing up needle in the ACT-O-VIAL®, invert the bottle and withdraw the correct dose ordered by your doctor.

NOTE: If using a drawing up needle, keep the needle tip below the fluid level.

STEP 10



- Divide the thigh into 3 sections.
- Clean the leg area with an alcohol swab **BEFORE** injection.
- Give the injection in the outer middle third of the thigh.



STEP 12



- Remove the needle, do not recap.
- Dispose of the needle in a **SHARPS CONTAINER**.
- Press the cotton swab firmly over the site for a few seconds.
- The injection will work quite quickly, but supervision is still required.
- Reassure and take the patient to hospital for review as soon as possible.